Overcoming the Fear of Leadership

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Overcoming the Fear of Leadership

"Why in the world do you want to put yourself through this!"

My wife, after every loss!

Overcoming the Fear of Leadership

"If you are up at 3:00 a.m. every night talking into a tape recorder and writing notes on scraps of paper, have a knot in your stomach and a rash on your skin, are losing sleep and losing touch with your wife and kids, have no appetite or sense of humor, and feel that everything you do might turn out wrong, then YOU ARE PROBALY DOING THE JOB."

Bill Walsh
The Score Takes Care of Itself

Overcoming the Fear of Leadership

- What do we actually Fear:
  - Additional work..... Is it worth it?
  - Losing friendships / relationships.
  - Being an ineffective leader.
  - **Failure!**

Overcoming the Fear of Leadership
Poor Leadership!

First, ask yourself, **Why** lead......

Personal Financial Gain

Promotion(s)
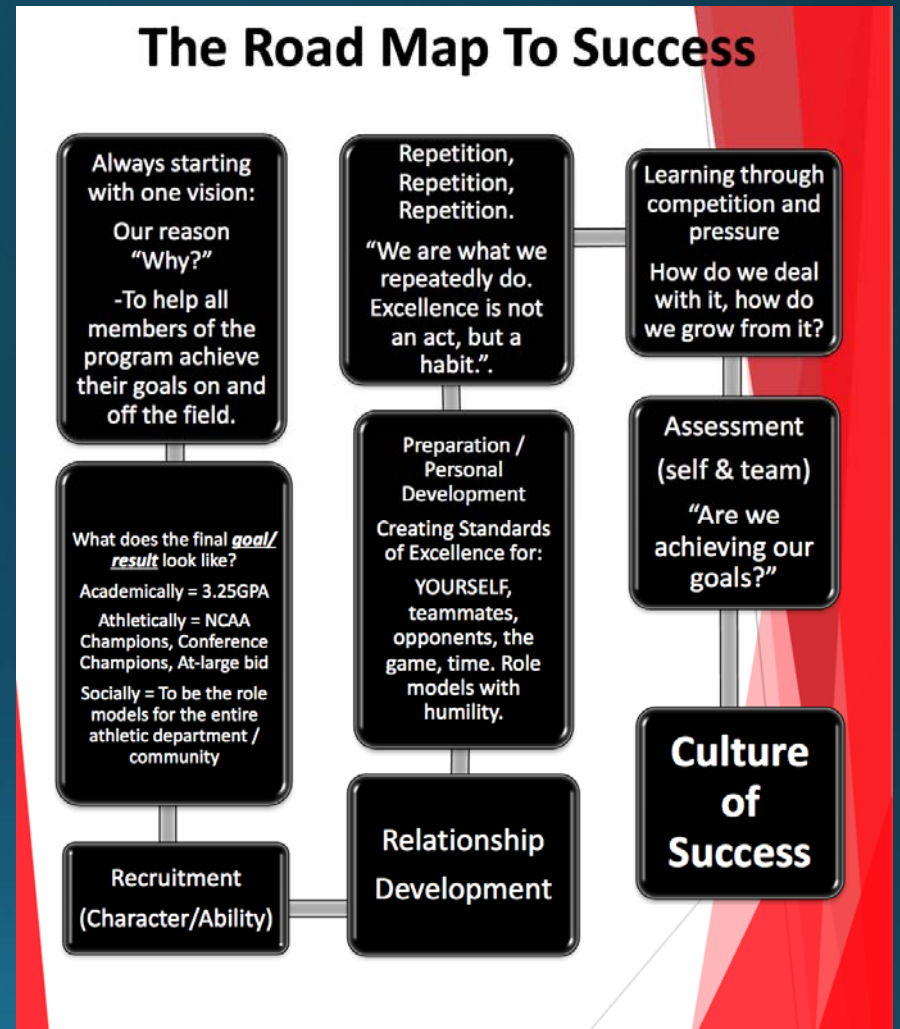
Personal Growth / Challenge

Ability to Influence others

"I had no choice!"

Overcoming the Fear of Leadership

- So, if we have our WHY…. Then what's next?

  - Establish a process to give yourself and those who you will be leading the best opportunity to be successful.

My Process…..

The Road Map To Success

Always starting with one vision:

Our reason "Why?"

-To help all members of the program achieve their goals on and off the field.

Repetition, Repetition, Repetition.

"We are what we repeatedly do. Excellence is not an act, but a habit.".

Learning through competition and pressure

How do we deal with it, how do we grow from it?

What does the final _goal/result_ look like?

Academically = 3.25GPA

Athletically = NCAA Champions, Conference Champions, At-large bid

Socially = To be the role models for the entire athletic department / community

Preparation / Personal Development

Creating Standards of Excellence for:

YOURSELF, teammates, opponents, the game, time. Role models with humility.

Assessment (self & team)

"Are we achieving our goals?"

Recruitment (Character/Ability)

Relationship Development

Culture of Success

SIUe Soccer Spring 2017 Process Goals

• Hold the ball with back to goal throughout the field.

Our Team Process…..

Failure does not define us…..

BREAKING THE CHAINS OF FEAR OF FAILURE

Failure is a part of life…. We will all fail at something.

Failure is an event, not who you are, it does not define us….

Failure is necessary for growth…. It helps us learn and develop.

We need to own our fear and tackle it head on by fully preparing for the process which will give us the best opportunity for success!